

Dzogchen Refuge and Bodhicitta

By Jigme Lingpa

Three jewels, three roots, essence Sugata.

Body's nadi, bindu and prana

Essence, nature, moving mandala

Refuge until heart of bodhi dawns.

Ho! Mesmerized by dreamlike water moons

Beings roam in endless samsara

So they rest in rigpa's clearlight space,

I nurture the mind of wisdom-love.