

## ***Suggested Reading for the 2020 Margha Program***

*\*Enlightened Courage: An Explanation of the Seven-Point Mind Training, by Dilgo Khyentse Rinpoche, translated by the Padmakara Translation Group*

*\*The Heart of Compassion: The Thirty-Seven Verses on the Practice of a Bodhisattva, by Ngulchu Thogme, Commentary by Dilgo Khyentse Rinpoche, translated by the Padmakara Translation Group {Numerous translations and commentaries on this classic text are available, including: Traveling the Path of Compassion: A Commentary on The Thirty-Seven Practices of a Bodhisattva, by HH the Seventeenth Karmapa Ogyen Trinley Dorje; 37 Practices of a Bodhisattva, by Ngulchu Thogme, Commentary by Khenpo Tsultrim Gyamtso Rinpoche; and Reflections on Silver River: Tokme Zonqpo's Thirty-Seven Practices of a Bodhisattva, by Ken McLeod.}*

*\*In Love With the World: A Monk's Journey Through the Bardos of Living and Dying, by Yongey Mingyur Rinpoche*

*\*Open Heart, Open Mind: Awakening the Power of Essence Love, by Tsoknyi Rinpoche*

*Choosing Compassion: How to be of Benefit in a World That Needs Our Love, by Anam Thubten*

*\*The Heart Treasure of the Enlightened Ones: The Practice of View, Meditation and Action: A Discourse Virtuous in the Beginning, Middle, and End by Patrul Rinpoche, with Commentary by Dilgo Khyentse Rinpoche, Foreword by the Dalai Lama, translated by the Padmakara Translation Group*

*\*Taking the Bodhisattva Vow, by Bokar Rinpoche*

*\*Love on Every Breath: Tonglen Meditation for Transforming Pain into Joy, by Lama Palden Drolma*

*\*Start Where You Are: A Guide to Compassionate Living, by Pema Chodron*

*\*Path of Heroes: Birth of Enlightenment (Tibetan Translation Series), Vol. 2, by Zhechen Gyaltzab, with the practice instructions of Tarthang Tulku*

*\*Enlightened Vagabond: The Life and Teachings of Patrul Rinpoche, translated by Matthieu Ricard*

*\*The Nectar of Manjushri's Speech: A Detailed Commentary on Shantideva's Way of the Bodhisattva, by Kunzang Pelden, translated by the Padmakara Translation Group*

*\*The Wisdom Chapter: Jamgon Mipham's Commentary on the Ninth Chapter of the Way of the Bodhisattva, by Mipham Rinpoche*

*\*Rainbow Painting: A Collection of Miscellaneous Aspects of Development and Completion, by Tulku Urqyen Rinpoche, translated by Erik Pema Kunsang*

*\*Everyday Dharma: Seven Weeks to Finding the Buddha in You, by Lama Willa Miller*

*\*Radical Dharma: Talking Race, Love, and Liberation, by angel Kyodo williams, Lama Rod Owens, and Jasmine Syedullah*

*\*Altruism: The Power of Compassion to Change Yourself and the World, by Matthieu Ricard*

*\*A Plea for the Animals: The Moral, Philosophical, and Evolutionary Imperative to Treat All Beings with Compassion, by Matthieu Ricard*

*\*The Arts of Contemplative Care: Pioneering Voices in Buddhist Chaplaincy and Pastoral Care,*  
by Cheryl A. Giles and Willa B. Miller

*\*Awake at the Bedside: Contemplative Teachings on Palliative and End of Life Care,* by Koshin  
Paley Ellison, Foreword by H.H. the Karmapa

*\*Medicine and Compassion: A Tibetan Lama's Guidance for Caregivers,* by Chogyi Nyima  
Rinpoche and M.D. David R. Shlim (contributor)

*\*Loving Kindness: The Revolutionary Art of Happiness,* by Sharon Salzberg

*\*Toward a Psychology of Awakening: Buddhism, Psychotherapy, and the Path of Personal and  
Spiritual Transformation,* by John Welwood

*\*Feeling Wisdom: Working with Emotions Using Buddhist Teachings and Western Psychology,*  
by Rob Preece

